

# **NEWSLETTER**

Monday 10 June 2024 Term 2, Week 7

#### **Contact Information:**

Peter Kemp - Principal <u>principal@coleystreet.school.nz</u>
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Website: www.coleystreet.school.nz

#### **Term Dates:**

Term 2: Monday 29 April - Friday 5 July

Term 3: Monday 22 July - Friday 27 September

**Term 4:** Monday 14 October - Friday 13 December

#### **Important Dates:**

- Friday 14th June Assembly, 10.10am
- Friday 5th July end of Term 2
- Monday 22nd July start of Term 3
- Wednesday 7th August Parent Conferences

#### From the Principal's Desk

Dear Parent / guardian,

Last week we had a visit from Te Manawa staff from Palmerston North, who brought with them the cosmodome to teach the children about the night sky and Matariki. The children loved the experience.

On Tuesday all staff attended a workshop at Waiopehu College with about 450 other teachers. The focus was on trauma informed practice.

Schools are finding more and more children are enrolling in school who have experienced some sort of trauma which can impede their learning.

We wish to congratulate Khloe and Akeasha Rae who have been selected in the Horowhenua Under 14 netball team and played in a tournament on the weekend.

Next week we have a small group of athletes attending the Poroutawhao X country which is on Tuesday starting at 9.45am.

Peter Kemp - Principal

## Positive Behaviour 4 Learning Focus of the Week

# PB4L Focus of the Week ...



- Taking care of each other
- Being friendly in the playground
- Helping each other
- Being kind

#### Kaupapa Cards

Kakapo

Ava - Taha Wairua Weka

Addy - Taha Hinengaro

Takahe Maddison - Taha Wairua

Jaydon - Taha Whanau

# Students of the Week:

#### Room 1:

Charlotte for being a wonderful classroom helper Taha Tinana.

#### **Room 2:**

Xian for putting in a huge effort in our ripper rugby practice and scoring two tries, Taha Tinana.

Room 3: Meghan for using her Taha Whanau when helping her friends in their learning.

#### Room 4:

Lilly for managing her time well. Taha Hinengaro

#### Room 5:

**Rhylin** for using his Taha Whanau looking after and caring for his classmates.

#### Room 6:

Kody for using his Taha Hinengaro in all areas of learning.

#### Room 7:

Freya for using her Taha Hinengaro and trying so hard all week.

#### Room 10:

Samuel for Taha Whanau, for being so caring towards other children.

<u>Senior Hub:</u> Kaius for Taha Hinengaro, consistent effort in class, showing great results Corbin for Taha Hinengaro, great effort and results in PAT test for reading





# School Notices

#### School Absences

Please phone through by 9am daily
Absence line (06) 363 8117
Email - office@coleystreet.school.nz
Website - www.coleystreet.school.nz

### PARENT/TEACHER conferences (interviews)

These will be held on **Tuesday 7th August** for all classes.

Please book a 15 minute time slot from **1.30 - 5.45 pm.** 

This can be done by phoning the office (3638117), or sending a note to your child's classroom teacher.



## WINTER IS COMING

Winter bugs are beginning to do their rounds. Here are our top tips for staying on top of your physical and mental game this winter.

- Strengthen your body's immune system by filling it with delicious, nutrient dense food that are rich in
  vitamins and minerals such as vitamins A, C and E, zinc, iron and antioxidants. Consuming nutrient rich
  foods will also help your body heal and rebuild if you do become unwell.
- Stay hydrated consuming adequate amounts of water can help flush out toxins and bugs as well as boosting energy levels.
- Keep moving increasing exercise in winter helps to support a strong immune system, beat fatigue and the winter blues by giving you that endorphin hit.
- Practise good cough etiquette cover coughs and sneezes with a tissue if available otherwise do so into your elbow.
- Practise good hand hygiene:
  - Washing your hands is the single most important thing you can do to avoid sickness.
     Wash your hands with soap and water for at least 20 seconds.
  - Dry hands with a clean, dry towel or paper towel for at least 20 seconds.
- Immediately wash your hands after the following:
  - Blowing your nose, coughing or sneezing.
  - After using the bathroom.
  - Before eating and preparing food.
  - After touching animals or being outside (playing, gardening, walking the dog).
  - touching surfaces or objects that may be frequently touched by other people.
- Lastly avoid close contact with people who are sick. If you are unwell try to distance yourself from others so your germs aren't spread. This includes staying home from school or work where possible.

